

**2026 NWO Long Course Championships**  
**Canada Games Complex, Thunder Bay, ON**  
**Meet Program - Sunday Morning**

**Event 12 Mixed 200 LC Meter Freestyle**

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

**Heat 1 of 11 Finals**

|   |                 |     |        |    |
|---|-----------------|-----|--------|----|
| 1 | Faragher, Lexie | W9  | CSC-ON | NT |
| 2 | Daniar, Abby    | W9  | TBT    | NT |
| 3 | Rob, Ian        | M10 | CSC-ON | NT |
| 4 | Baird, Sloan    | W11 | CSC-ON | NT |
| 5 | Ramsarran, Vlad | M10 | CSC-ON | NT |
| 6 | Lyons, Olivia   | W10 | KEETA  | NT |
| 7 | Wideman, Kolter | M9  | CSC-ON | NT |
| 8 | Rob, Leah       | W8  | CSC-ON | NT |

**Heat 2 of 11 Finals**

|   |                   |     |        |         |
|---|-------------------|-----|--------|---------|
| 1 | Armstrong, Jace   | M12 | CSC-ON | NT      |
| 2 | Wilkinson, Clara  | W13 | DD     | NT      |
| 3 | Mozzon, Grant     | M9  | NWN    | 4:45.19 |
| 4 | Richards, Adeline | W10 | KEETA  | 4:35.90 |
| 5 | Walker, R E Y N A | W11 | NWN    | 4:35.97 |
| 6 | Sorokopud, Ellie  | W9  | TBT    | 4:47.38 |
| 7 | Lockyer, Lauren   | W13 | DD     | NT      |
| 8 | Piovesan, Arizona | W12 | DD     | NT      |

**Heat 3 of 11 Finals**

|   |                  |     |     |         |
|---|------------------|-----|-----|---------|
| 1 | Heerema, Julien  | M9  | TBT | 4:28.66 |
| 2 | Horne, Audrey    | W9  | TBT | 4:18.97 |
| 3 | Bassuony, Ian    | M10 | TBT | 4:10.74 |
| 4 | McLean, Elliott  | M12 | TBT | 4:08.68 |
| 5 | Shahrour, Jood   | W12 | TBT | 4:08.69 |
| 6 | Mackillop, Owen  | M11 | TBT | 4:16.65 |
| 7 | Myburgh, Claire  | W10 | NWN | 4:23.21 |
| 8 | Brissette, Cabri | W11 | TBT | 4:31.32 |

**Heat 4 of 11 Finals**

|   |                   |     |        |         |
|---|-------------------|-----|--------|---------|
| 1 | Sisko, Isabel     | W11 | TBT    | 4:07.17 |
| 2 | Sakamoto, Jude    | M11 | DD     | 3:54.17 |
| 3 | Pehkonen, Raija   | W9  | TBT    | 3:51.84 |
| 4 | David, Joannarose | W11 | TBT    | 3:51.47 |
| 5 | Matichuk, Dessa   | W13 | KEETA  | 3:51.73 |
| 6 | Shippam, Oliver   | M10 | TBT    | 3:51.97 |
| 7 | Freamo, Wesley    | M9  | CSC-ON | 4:06.90 |
| 8 | Makrides, Georgia | W11 | NWN    | 4:07.39 |

**Heat 5 of 11 Finals**

|   |                       |     |     |         |
|---|-----------------------|-----|-----|---------|
| 1 | Williamson, Eden      | W11 | TBT | 3:44.87 |
| 2 | Nyberg, Mia           | W12 | TBT | 3:35.08 |
| 3 | Mozzon, Amelia        | W12 | NWN | 3:31.55 |
| 4 | Barrett, Henry        | M11 | NWN | 3:29.78 |
| 5 | Opaski, Abbigail      | W12 | NWN | 3:30.79 |
| 6 | Walter, Nicolas       | M13 | TBT | 3:33.57 |
| 7 | Sorokopud, Julie      | W12 | TBT | 3:38.39 |
| 8 | Kwasny-Doucette, Luca | M10 | TBT | 3:46.19 |

**Heat 6 of 11 Finals**

|   |                  |     |        |         |
|---|------------------|-----|--------|---------|
| 1 | Friday, Jacob    | M10 | TBT    | 3:23.61 |
| 2 | Graham, Annika   | W12 | NWN    | 3:18.43 |
| 3 | Bassuony, Rakan  | M12 | TBT    | 3:16.91 |
| 4 | Yue, Qianyi      | W11 | TBT    | 3:15.90 |
| 5 | Erickson, Finley | W13 | TBT    | 3:16.34 |
| 6 | Warnick, Sophia  | W14 | TBT    | 3:17.44 |
| 7 | Lyons, Naomi     | W12 | KEETA  | 3:19.48 |
| 8 | DeGagne, Daisy   | W13 | CSC-ON | 3:27.08 |

**Heat 7 of 11 Finals**

|   |                          |     |        |         |
|---|--------------------------|-----|--------|---------|
| 1 | Bodkin, Vivi             | W10 | TBT    | 3:11.01 |
| 2 | Dent, Madelyn            | W16 | CSC-ON | 3:06.05 |
| 3 | Goodman, Ava             | W12 | KEETA  | 3:04.88 |
| 4 | Lenis-Espinoza, Victoria | W12 | TBT    | 3:01.24 |
| 5 | McMahan, Evelyn          | W12 | NWN    | 3:02.76 |
| 6 | Guay, Makenna            | W12 | TBT    | 3:05.12 |
| 7 | Cousineau, Ava           | W15 | CSC-ON | 3:10.68 |
| 8 | Lehto, Cloe              | W13 | TBT    | 3:15.13 |

**Heat 8 of 11 Finals**

|   |                          |     |       |         |
|---|--------------------------|-----|-------|---------|
| 1 | Heerema, Loulou          | W14 | TBT   | 2:56.22 |
| 2 | Johnson Bouchard, Alicia | W11 | NWN   | 2:53.33 |
| 3 | Jarvis, Marina           | W13 | KEETA | 2:52.89 |
| 4 | Heerema, Ruby            | W12 | TBT   | 2:51.36 |
| 5 | Caruso, Clara            | W15 | TBT   | 2:52.47 |
| 6 | Earl, Morgan             | W12 | TBT   | 2:53.14 |
| 7 | Pellizzari, Gemma        | W12 | TBT   | 2:55.42 |
| 8 | Igo, Lexi                | W14 | TBT   | 2:57.61 |

**Heat 9 of 11 Finals**

|   |                    |     |         |         |
|---|--------------------|-----|---------|---------|
| 1 | Mosley, Arianna    | W17 | KEETA   | 2:50.73 |
| 2 | Spring, Elina      | W13 | TBT     | 2:47.19 |
| 3 | Tang, Tina         | W10 | TBT     | 2:42.92 |
| 4 | Shippam, Vaughan   | W12 | TBT     | 2:39.65 |
| 5 | Davis_SB9, Mckenna | W17 | KEETA/8 | 2:41.59 |
| 6 | Piovesan, Ashton   | M15 | DD      | 2:44.12 |
| 7 | Pradal, L I L Y !  | W13 | NWN     | 2:50.25 |
| 8 | Urbanski, Madison  | W16 | NWN     | 2:51.24 |

**Heat 10 of 11 Finals**

|   |                   |     |        |         |
|---|-------------------|-----|--------|---------|
| 1 | Igo, Brooke       | W12 | TBT    | 2:36.48 |
| 2 | Marion, Audrey    | W16 | TBT    | 2:31.34 |
| 3 | Agar, Riley       | W14 | TBT    | 2:29.08 |
| 4 | LeBlanc, Madison  | W16 | CSC-ON | 2:18.93 |
| 5 | Massaro, Grace    | W13 | TBT    | 2:20.45 |
| 6 | Rose-Weston, Abby | W14 | TBT    | 2:30.08 |
| 7 | Love, Olivia      | W15 | TBT    | 2:35.54 |
| 8 | Rose-Weston, Ella | W11 | TBT    | 2:38.28 |

**Heat 11 of 11 Finals**

|   |                            |     |     |         |
|---|----------------------------|-----|-----|---------|
| 1 | Gesta, Zaejan              | M13 | TBT | 2:15.21 |
| 2 | Martino, Dante             | M16 | TBT | 2:12.31 |
| 3 | Dennis, Jack               | M13 | TBT | 2:10.53 |
| 4 | Rose-Weston, Liam          | M17 | TBT | 2:05.31 |
| 5 | Bourgeois, Sierra          | W15 | TBT | 2:10.13 |
| 6 | Martino, Marco             | M13 | TBT | 2:10.92 |
| 7 | Brown, Abbi                | W17 | TBT | 2:14.88 |
| 8 | Niittynen-Dreifelds, T O W | W17 | NWN | 2:15.99 |

**2026 NWO Long Course Championships**  
**Canada Games Complex, Thunder Bay, ON**  
**Meet Program - Sunday Morning**

**Event 13 Mixed 100 LC Meter Butterfly**

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

**Heat 1 of 5 Finals**

|   |                     |     |        |    |
|---|---------------------|-----|--------|----|
| 1 |                     |     |        |    |
| 2 |                     |     |        |    |
| 3 | Ramsarran, Vlad     | M10 | CSC-ON | NT |
| 4 | Jarvis, Marina      | W13 | KEETA  | NT |
| 5 | Thiessen, H E N R Y | M12 | NWN    | NT |
| 6 |                     |     |        |    |
| 7 |                     |     |        |    |
| 8 |                     |     |        |    |

**Heat 2 of 5 Finals**

|   |                         |     |     |         |
|---|-------------------------|-----|-----|---------|
| 1 | Pradal, L I L Y !       | W13 | NWN | NT      |
| 2 | Kwasny-Doucette, Luca   | M10 | TBT | 4:58.00 |
| 3 | Lenis-Espinoza, Victori | W12 | TBT | 2:15.00 |
| 4 | Fullerton, Rylee        | W13 | DD  | 2:04.15 |
| 5 | Bassuony, Ian           | M10 | TBT | 2:10.00 |
| 6 | Lehto, Cloe             | W13 | TBT | 2:22.29 |
| 7 | Erickson, Finley        | W13 | TBT | NT      |
| 8 | Spring, Elina           | W13 | TBT | NT      |

**Heat 3 of 5 Finals**

|   |                        |     |         |         |
|---|------------------------|-----|---------|---------|
| 1 | Williamson, Eden       | W11 | TBT     | 1:58.21 |
| 2 | Guay, Makenna          | W12 | TBT     | 1:42.55 |
| 3 | Heerema, Ruby          | W12 | TBT     | 1:41.52 |
| 4 | Davis_SB9, Mckenna     | W17 | KEETA/8 | 1:31.57 |
| 5 | Johnson Bouchard, Alic | W11 | NWN     | 1:41.47 |
| 6 | Igo, Brooke            | W12 | TBT     | 1:42.33 |
| 7 | Pellizzari, Gemma      | W12 | TBT     | 1:53.22 |
| 8 | Tang, Tina             | W10 | TBT     | 1:59.00 |

**Heat 4 of 5 Finals**

|   |                        |     |           |         |
|---|------------------------|-----|-----------|---------|
| 1 | Hogard_S9SB9SM9, Z O W | W14 | NWN/1,2,4 | 1:30.59 |
| 2 | Young, Hannah          | W18 | NWN       | 1:29.19 |
| 3 | Khmyz, M I L A N A     | W10 | NWN       | 1:25.36 |
| 4 | Agar, Emily            | W16 | TBT       | 1:17.47 |
| 5 | Brown, Taylor          | W14 | TBT       | 1:19.62 |
| 6 | McGuire, Jamison       | M12 | NWN       | 1:27.74 |
| 7 | Marion, Audrey         | W16 | TBT       | 1:29.76 |
| 8 | Marchand, Eloise       | W15 | DD        | 1:30.78 |

**Heat 5 of 5 Finals**

|   |                            |     |        |         |
|---|----------------------------|-----|--------|---------|
| 1 | LeBlanc, Madison           | W16 | CSC-ON | 1:13.32 |
| 2 | Bourgeois, Sierra          | W15 | TBT    | 1:08.61 |
| 3 | Dennis, Jack               | M13 | TBT    | 1:08.33 |
| 4 | Felix, J U S T I N         | M25 | NWN    | 1:04.58 |
| 5 | Niittynen-Dreifelds, T O W | W17 | NWN    | 1:08.15 |
| 6 | Martino, Dante             | M16 | TBT    | 1:08.53 |
| 7 | Gesta, Zaejan              | M13 | TBT    | 1:11.94 |
| 8 | Martino, Marco             | M13 | TBT    | 1:17.39 |

**Event 14 Mixed 50 LC Meter Backstroke**

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

**Heat 1 of 11 Finals**

|   |                |    |        |    |
|---|----------------|----|--------|----|
| 1 |                |    |        |    |
| 2 |                |    |        |    |
| 3 | Freamo, Callum | M6 | CSC-ON | NT |
| 4 | Rob, Leah      | W8 | CSC-ON | NT |
| 5 | Cote, Remi     | W8 | DD     | NT |
| 6 |                |    |        |    |
| 7 |                |    |        |    |
| 8 |                |    |        |    |

**Heat 2 of 11 Finals**

|   |                 |     |        |    |
|---|-----------------|-----|--------|----|
| 1 |                 |     |        |    |
| 2 | Wideman, Kolter | M9  | CSC-ON | NT |
| 3 | Rob, Ian        | M10 | CSC-ON | NT |
| 4 | Scollie, Trey   | M12 | TBT    | NT |
| 5 | Baird, Sloan    | W11 | CSC-ON | NT |
| 6 | Ramsarran, Vlad | M10 | CSC-ON | NT |
| 7 | Faragher, Lexie | W9  | CSC-ON | NT |
| 8 |                 |     |        |    |

**Heat 3 of 11 Finals**

|   |                     |     |        |         |
|---|---------------------|-----|--------|---------|
| 1 | Lockyer, Lauren     | W13 | DD     | NT      |
| 2 | Daniar, Abby        | W9  | TBT    | 1:06.59 |
| 3 | Lyons, Olivia       | W10 | KEETA  | 1:04.38 |
| 4 | Heerema, Julien     | M9  | TBT    | 1:02.60 |
| 5 | Sorokopud, Ellie    | W9  | TBT    | 1:02.73 |
| 6 | Richards, Adeline   | W10 | KEETA  | 1:06.24 |
| 7 | Trevisanutto, Lukas | M10 | TBT    | 1:11.41 |
| 8 | Armstrong, Jace     | M12 | CSC-ON | NT      |

**Heat 4 of 11 Finals**

|   |                       |     |     |         |
|---|-----------------------|-----|-----|---------|
| 1 | Mozzon, Grant         | M9  | NWN | 1:00.98 |
| 2 | Horne, Audrey         | W9  | TBT | 58.05   |
| 3 | Makrides, Georgia     | W11 | NWN | 57.36   |
| 4 | McLean, Elliott       | M12 | TBT | 56.08   |
| 5 | Kwasny-Doucette, Luca | M10 | TBT | 56.29   |
| 6 | Shahrour, Jood        | W12 | TBT | 57.81   |
| 7 | Pehkonen, Raija       | W9  | TBT | 59.54   |
| 8 | Walker, R E Y N A     | W11 | NWN | 1:01.05 |

**Heat 5 of 11 Finals**

|   |                   |     |       |       |
|---|-------------------|-----|-------|-------|
| 1 | Sisko, Isabel     | W11 | TBT   | 55.64 |
| 2 | Bassuony, Ian     | M10 | TBT   | 55.03 |
| 3 | Matichuk, Dessa   | W13 | KEETA | 54.03 |
| 4 | Mackillop, Owen   | M11 | TBT   | 53.83 |
| 5 | Shippam, Oliver   | M10 | TBT   | 53.88 |
| 6 | Sorokopud, Julie  | W12 | TBT   | 54.23 |
| 7 | David, Joannarose | W11 | TBT   | 55.36 |
| 8 | Brissette, Cabri  | W11 | TBT   | 56.01 |

**2026 NWO Long Course Championships**  
**Canada Games Complex, Thunder Bay, ON**  
**Meet Program - Sunday Morning**

**Heat 6 Finals (#14 Mixed 50 LC Meter Backstroke)**

|   |                    |     |        |       |
|---|--------------------|-----|--------|-------|
| 1 | Yue, Qianyi        | W11 | TBT    | 52.50 |
| 2 | Freamo, Wesley     | M9  | CSC-ON | 51.32 |
| 3 | Sarrazin, Juliette | W12 | NWN    | 50.58 |
| 4 | DeGagne, Daisy     | W13 | CSC-ON | 49.93 |
| 5 | Myburgh, Claire    | W10 | NWN    | 50.22 |
| 6 | Nyberg, Mia        | W12 | TBT    | 50.83 |
| 7 | Friday, Jacob      | M10 | TBT    | 52.46 |
| 8 | Sakamoto, Jude     | M11 | DD     | 53.19 |

**Heat 7 of 11 Finals**

|   |                          |     |     |       |
|---|--------------------------|-----|-----|-------|
| 1 | Lehto, Cloe              | W13 | TBT | 49.34 |
| 2 | Fullerton, Rylee         | W13 | DD  | 48.05 |
| 3 | Warnick, Sophia          | W14 | TBT | 47.95 |
| 4 | Opaski, Abbigail         | W12 | NWN | 46.66 |
| 5 | Bassuony, Rakan          | M12 | TBT | 47.77 |
| 6 | Lenis-Espinoza, Victoria | W12 | TBT | 48.02 |
| 7 | Piovesan, Arizona        | W12 | DD  | 49.01 |
| 8 | Bodkin, Vivi             | W10 | TBT | 49.40 |

**Heat 8 of 11 Finals**

|   |                          |     |       |       |
|---|--------------------------|-----|-------|-------|
| 1 | Lyons, Naomi             | W12 | KEETA | 46.41 |
| 2 | Walter, Nicolas          | M13 | TBT   | 45.08 |
| 3 | Johnson Bouchard, Alicia | W11 | NWN   | 44.77 |
| 4 | Barrett, Marianna        | W14 | NWN   | 44.39 |
| 5 | Earl, Morgan             | W12 | TBT   | 44.75 |
| 6 | Goodman, Ava             | W12 | KEETA | 44.79 |
| 7 | Igo, Lexi                | W14 | TBT   | 46.26 |
| 8 | Mozzon, Amelia           | W12 | NWN   | 46.63 |

**Heat 9 of 11 Finals**

|   |                         |     |           |       |
|---|-------------------------|-----|-----------|-------|
| 1 | Rose-Weston, Ella       | W11 | TBT       | 43.60 |
| 2 | Graham, Annika          | W12 | NWN       | 41.72 |
| 3 | Mosley, Arianna         | W17 | KEETA     | 41.13 |
| 4 | Iwanyszyn, M A R K O    | M15 | NWN       | 40.26 |
| 5 | Piovesan, Ashton        | M15 | DD        | 40.63 |
| 6 | Thiessen, H E N R Y     | M12 | NWN       | 41.61 |
| 7 | Thiessen, H U G O       | M13 | NWN       | 42.86 |
| 8 | Hogard, S9SB9SM9, Z O W | W14 | NWN/1,2,4 | 44.31 |

**Heat 10 of 11 Finals**

|   |                    |     |       |       |
|---|--------------------|-----|-------|-------|
| 1 | Shippam, Vaughan   | W12 | TBT   | 39.19 |
| 2 | Opaski, Aubrie     | W13 | NWN   | 38.92 |
| 3 | Marchand, Eloise   | W15 | DD    | 38.52 |
| 4 | Brown, Taylor      | W14 | TBT   | 37.27 |
| 5 | Khmyz, M I L A N A | W10 | NWN   | 37.39 |
| 6 | Marion, Audrey     | W16 | TBT   | 38.65 |
| 7 | Jarvis, Marina     | W13 | KEETA | 38.95 |
| 8 | Spring, Elina      | W13 | TBT   | 39.28 |

**Heat 11 of 11 Finals**

|   |                    |     |        |       |
|---|--------------------|-----|--------|-------|
| 1 | Young, Hannah      | W18 | NWN    | 35.92 |
| 2 | Cousineau, Ava     | W15 | CSC-ON | 35.39 |
| 3 | LeBlanc, Madison   | W16 | CSC-ON | 34.09 |
| 4 | Felix, J U S T I N | M25 | NWN    | 31.33 |
| 5 | Gesta, Zaejan      | M13 | TBT    | 33.80 |
| 6 | Makrides, Charlie  | M15 | NWN    | 34.90 |
| 7 | Massaro, Grace     | W13 | TBT    | 35.76 |
| 8 | Urbanski, Madison  | W16 | NWN    | 36.57 |

**Event 15 Mixed 100 LC Meter Breaststroke**

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

**Heat 1 of 9 Finals**

|   |                 |    |        |    |
|---|-----------------|----|--------|----|
| 1 |                 |    |        |    |
| 2 |                 |    |        |    |
| 3 | Faragher, Lexie | W9 | CSC-ON | NT |
| 4 | Freamo, Wesley  | M9 | CSC-ON | NT |
| 5 | Daniar, Abby    | W9 | TBT    | NT |
| 6 |                 |    |        |    |
| 7 |                 |    |        |    |
| 8 |                 |    |        |    |

**Heat 2 of 9 Finals**

|   |                     |     |        |    |
|---|---------------------|-----|--------|----|
| 1 | Trevisanutto, Lukas | M10 | TBT    | NT |
| 2 | Richards, Adeline   | W10 | KEETA  | NT |
| 3 | Scollie, Trey       | M12 | TBT    | NT |
| 4 | Wilkinson, Clara    | W13 | DD     | NT |
| 5 | Lockyer, Lauren     | W13 | DD     | NT |
| 6 | Sakamoto, Jude      | M11 | DD     | NT |
| 7 | Rob, Ian            | M10 | CSC-ON | NT |
| 8 |                     |     |        |    |

**Heat 3 of 9 Finals**

|   |                  |     |       |         |
|---|------------------|-----|-------|---------|
| 1 | Horne, Audrey    | W9  | TBT   | 2:38.02 |
| 2 | Pehkonen, Raija  | W9  | TBT   | 2:33.69 |
| 3 | Mozzon, Grant    | M9  | NWN   | 2:29.19 |
| 4 | Shahrour, Jood   | W12 | TBT   | 2:17.02 |
| 5 | Heerema, Julien  | M9  | TBT   | 2:26.06 |
| 6 | McLean, Elliott  | M12 | TBT   | 2:31.21 |
| 7 | Sorokopud, Ellie | W9  | TBT   | 2:34.81 |
| 8 | Lyons, Olivia    | W10 | KEETA | 2:54.89 |

**Heat 4 of 9 Finals**

|   |                    |     |        |         |
|---|--------------------|-----|--------|---------|
| 1 | Bassuony, Rakan    | M12 | TBT    | 2:15.15 |
| 2 | Myburgh, Claire    | W10 | NWN    | 2:12.86 |
| 3 | DeGagne, Daisy     | W13 | CSC-ON | 2:11.94 |
| 4 | Shippam, Oliver    | M10 | TBT    | 2:08.13 |
| 5 | Nyberg, Mia        | W12 | TBT    | 2:10.98 |
| 6 | Sorokopud, Julie   | W12 | TBT    | 2:12.56 |
| 7 | Sisko, Isabel      | W11 | TBT    | 2:14.98 |
| 8 | Sarrazin, Juliette | W12 | NWN    | 2:15.56 |

**Heat 5 of 9 Finals**

|   |                   |     |       |         |
|---|-------------------|-----|-------|---------|
| 1 | Brisette, Cabri   | W11 | TBT   | 2:02.14 |
| 2 | Mackillop, Owen   | M11 | TBT   | 2:00.83 |
| 3 | Williamson, Eden  | W11 | TBT   | 1:58.29 |
| 4 | Walter, Nicolas   | M13 | TBT   | 1:55.86 |
| 5 | Urbanski, Madison | W16 | NWN   | 1:56.05 |
| 6 | Yue, Qianyi       | W11 | TBT   | 1:59.99 |
| 7 | Brar, Sonal       | W14 | TBT   | 2:02.08 |
| 8 | Matichuk, Dessa   | W13 | KEETA | 2:04.61 |

2026 NWO Long Course Championships  
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Heat 6 Finals (#15 Mixed 100 LC Meter Breaststroke)

|   |                   |            |         |
|---|-------------------|------------|---------|
| 1 | Cousineau, Ava    | W15 CSC-ON | 1:54.30 |
| 2 | Goodman, Ava      | W12 KEETA  | 1:53.31 |
| 3 | Bodkin, Vivi      | W10 TBT    | 1:52.23 |
| 4 | Lyons, Naomi      | W12 KEETA  | 1:50.55 |
| 5 | Barrett, Henry    | M11 NWN    | 1:51.71 |
| 6 | Brown, Abbi       | W17 TBT    | 1:52.54 |
| 7 | Piovesan, Arizona | W12 DD     | 1:54.14 |
| 8 | Erickson, Finley  | W13 TBT    | 1:55.02 |

Heat 7 of 9 Finals

|   |                   |            |         |
|---|-------------------|------------|---------|
| 1 | Makrides, Charlie | M15 NWN    | 1:48.61 |
| 2 | Earl, Morgan      | W12 TBT    | 1:45.63 |
| 3 | Heerema, Loulou   | W14 TBT    | 1:44.53 |
| 4 | Pradal, L I L Y ! | W13 NWN    | 1:42.57 |
| 5 | Graham, Annika    | W12 NWN    | 1:43.20 |
| 6 | Dent, Madelyn     | W16 CSC-ON | 1:45.12 |
| 7 | Warnick, Sophia   | W14 TBT    | 1:46.98 |
| 8 | Guay, Makenna     | W12 TBT    | 1:50.44 |

Heat 8 of 9 Finals

|   |                    |             |         |
|---|--------------------|-------------|---------|
| 1 | Khmyz, M I L A N A | W10 NWN     | 1:36.85 |
| 2 | Davis_SB9, Mckenna | W17 KEETA/8 | 1:36.55 |
| 3 | Caruso, Clara      | W15 TBT     | 1:34.93 |
| 4 | Rose-Weston, Abby  | W14 TBT     | 1:30.61 |
| 5 | Love, Olivia       | W15 TBT     | 1:32.14 |
| 6 | Mosley, Arianna    | W17 KEETA   | 1:35.49 |
| 7 | McGuire, Jamison   | M12 NWN     | 1:36.57 |
| 8 | Opaski, Aubrie     | W13 NWN     | 1:37.29 |

Heat 9 of 9 Finals

|   |                           |         |         |
|---|---------------------------|---------|---------|
| 1 | Agar, Riley               | W14 TBT | 1:29.92 |
| 2 | Niittynen-Dreifelds, T OW | W17 NWN | 1:25.25 |
| 3 | Martino, Marco            | M13 TBT | 1:17.90 |
| 4 | Campbell, Nate            | M18 NWN | 1:08.72 |
| 5 | Felix, J U S T I N        | M25 NWN | 1:17.76 |
| 6 | Rose-Weston, Liam         | M17 TBT | 1:24.74 |
| 7 | Agar, Emily               | W16 TBT | 1:25.71 |
| 8 | Thiessen, H U G O         | M13 NWN | 1:30.24 |

Event 107 Mixed 400 LC Meter Medley Relay

| Lane | Team | Relay | Seed Time |
|------|------|-------|-----------|
|------|------|-------|-----------|

Heat 1 of 2 Finals

|   |     |       |         |
|---|-----|-------|---------|
| 1 |     |       |         |
| 2 |     |       |         |
| 3 | TBT | W10 I | 8:03.83 |
| 4 | TBT | W12 G | 6:49.99 |
| 5 | TBT | M12 H | 6:56.00 |
| 6 |     |       |         |
| 7 |     |       |         |
| 8 |     |       |         |

Heat 2 of 2 Finals

|   |     |       |         |
|---|-----|-------|---------|
| 1 |     |       |         |
| 2 | TBT | W12 E | 6:12.18 |
| 3 | TBT | W13 C | 5:31.72 |
| 4 | TBT | M13 A | 4:43.93 |
| 5 | TBT | W13 B | 4:56.65 |
| 6 | TBT | W13 D | 5:44.55 |
| 7 | TBT | M10 F | 6:15.00 |
| 8 |     |       |         |

Event 16 / 17 Mixed / Mixed 800 Free / 1500 Free

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 (Heat 1 Mixed 800 Free)

|   |                   |         |          |
|---|-------------------|---------|----------|
| 1 | Love, Olivia      | W15 TBT | 11:13.98 |
| 2 | Massaro, Grace    | W13 TBT | 10:49.70 |
| 3 | Agar, Emily       | W16 TBT | 10:10.29 |
| 4 | Rose-Weston, Liam | M17 TBT | 9:06.97  |
| 5 | Bourgeois, Sierra | W15 TBT | 9:41.04  |
| 6 | Brown, Taylor     | W14 TBT | 10:14.16 |
| 7 | Igo, Brooke       | W12 TBT | 11:04.86 |
| 8 | Shippam, Vaughan  | W12 TBT | 11:14.34 |

Heat 2 (Heat 1 Mixed 1500 Free)

|   |                   |         |          |
|---|-------------------|---------|----------|
| 1 | Barrett, Henry    | M11 NWN | 31:00.00 |
| 2 | McMahan, Evelyn   | W12 NWN | 25:00.50 |
| 3 | Dennis, Jack      | M13 TBT | 18:38.87 |
| 4 | Brown, Abbi       | W17 TBT | 18:05.88 |
| 5 | Martino, Dante    | M16 TBT | 18:29.08 |
| 6 | Agar, Riley       | W14 TBT | 21:13.55 |
| 7 | Barrett, Marianna | W14 NWN | 26:00.25 |
| 8 |                   |         |          |

Heat 3 (Heat 2 Mixed 800 Free)

|   |                   |         |          |
|---|-------------------|---------|----------|
| 1 | Tang, Tina        | W10 TBT | 12:51.00 |
| 2 | Thiessen, H U G O | M13 NWN | 12:30.00 |
| 3 | Caruso, Clara     | W15 TBT | 12:02.87 |
| 4 | Rose-Weston, Abby | W14 TBT | 11:15.85 |
| 5 | Young, Hannah     | W18 NWN | 11:40.14 |
| 6 | Rose-Weston, Ella | W11 TBT | 12:17.82 |
| 7 | Pellizzari, Gemma | W12 TBT | 12:40.00 |
| 8 | Heerema, Ruby     | W12 TBT | 12:52.00 |

Heat 4 (Heat 3 Mixed 800 Free)

|   |                     |         |          |
|---|---------------------|---------|----------|
| 1 | Piovesan, Ashton    | M15 DD  | NT       |
| 2 | David, Joannarose   | W11 TBT | 14:00.00 |
| 3 | McGuire, Jamison    | M12 NWN | 13:10.99 |
| 4 | Pradal, L I L Y !   | W13 NWN | 12:53.58 |
| 5 | Friday, Jacob       | M10 TBT | 12:58.00 |
| 6 | Thiessen, H E N R Y | M12 NWN | 13:48.82 |
| 7 | Fullerton, Rylee    | W13 DD  | 17:12.86 |
| 8 | Marchand, Eloise    | W15 DD  | NT       |

2026 NWO Long Course Championships  
Canada Games Complex, Thunder Bay, ON  
Meet Program - Sunday Morning

Heat 5 (Heat 4 Mixed 800 Free) (#16 / 17 )

|   |                 |     |     |    |
|---|-----------------|-----|-----|----|
| 1 |                 |     |     |    |
| 2 |                 |     |     |    |
| 3 | Brar, Sonal     | W14 | TBT | NT |
| 4 | Igo, Lexi       | W14 | TBT | NT |
| 5 | Heerema, Loulou | W14 | TBT | NT |
| 6 | Walter, Nicolas | M13 | TBT | NT |
| 7 |                 |     |     |    |
| 8 |                 |     |     |    |