



MEDIA RELEASE

Thunder Bay Thunderbolts Swim Club

For Immediate Release

07/03/09

THUNDER BAY – Alexis Halversen wins 50 meter Breaststroke at the Ontario Long Course Provincials.

Alexis Halversen won a gold medal in the girls 10 and under 50 meter breaststroke competition on the opening day of the Ontario Junior Provincial Long Course Championships being held in London, Ontario July 2nd through 6th.

One of the Thunder Bay Thunderbolts top junior swimmers, Alexis knocked close to two seconds off her personal best winning the event in a time of 42.43 seconds – almost a second ahead of the second place swimmer from Etobicoke.

According to her coach Kathryn McEwan, “Alex is off to a great start to the weekend. This is her first ever Provincial race and she shattered her goal of getting third place”.

16 of Alexis’s teammates also are competing this weekend at the Manitoba-Saskatchewan Long Course Provincial Championship being held in Winnipeg, MB.

Thunder Bay Thunderbolts provides an environment in which swimmers of any age or level may reach their fullest potential. This growth is designed to go beyond swimming and carry over into personal development. Thunder Bay Thunderbolts offers the facilities and means to enable participants in the program to strive for and attain their own personal goals and to work together as a group to achieve team goals.

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