



## MEDIA RELEASE

### Thunder Bay Thunderbolts Swim Club

For Immediate Release

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#### THUNDER BAY – Thunderbolts Excel on the Prairies.

Eighteen Thunder Bay Thunderbolts swimmers teamed up against 400 of the top swimmers from across the prairies, northwestern Ontario and North and South Dakota to earn 16 medals and a number of national/provincial qualifying and personal best times at this past weekend's Prairie Winter International swim meet in Winnipeg, MB.

Megan Carlson took gold in the women's 12 and under 200m individual medley. She also won silver medals in the 100m, 200m and 400 freestyle and bronze medals in the 400m individual medley and 200m backstroke.

Justin Krueger won gold medals in the men's 15 and over 200m and 400m individual medley and 200m breaststroke events. He also won a silver medal in the 100m breast stroke.

In the women's 13/14 year old category, Elisabeth Hurlen won bronze medals in the 50m butterfly and the 50m and 100m backstroke events.

Rounding out the medals, the women's 13/14 year old 'A' Relay Team consisting of Kaitlyn Hay, Elisabeth Hurlen, Sandra Dusolt and Madison Taylor won bronze in the 200m individual medley relay.

Complimenting the medals, all eighteen of the Thunderbolts swimmers converted their hard work in training to results by achieving an impressive 92% best times for all swimmers across all events. That also translated into Age Group National Time rankings for Carlson, Kreuger, Hurlen and Jordon Lovis and Ontario Provincial Time rankings for Alexis Halverson and Kaitlyn Hay.

Thunder Bay Thunderbolts provides an environment in which swimmers of any age or level may reach their fullest potential. This growth is designed to go beyond swimming and carry over into personal development. Thunder Bay Thunderbolts offers the facilities and means to enable participants in the program to strive for and attain their own personal goals and to work together as a group to achieve team goals.

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