

# FORT FRANCES AQUANAUT'S WINTER CHILL INVITATIONAL

FORT FRANCES SPORTSPLEX  
700 SCOTT ST.  
FORT FRANCES, ON

**DATES:** Feb.5,6 & 7, 2010

**POOL:** 25 metre, 5 lanes

**MEET FEES:** \$ 6.50 /individual event & \$8.00/relay plus \$4.00 per swimmer N.W.O fee. To be received the first day of the meet. Swimmers will not be allowed to swim if meet fees have not been paid.

**SANCTION:** The meet is sanctioned by Swim Ontario for competitive swimmers only. This competition will be conducted in accordance with current Swimming/Natation Canada (SNC) rules and regulations. SNC warm-up procedures will be in effect.

**ELIGIBILITY:** All SNC registered competitive swimmers may compete. Swim Ontario Registration number and birth date must accompany all entries.

## SESSION TIMES:

Session 1 Friday, Feb.5,2010	Warm-Ups 5:00 pm Start 6:00 pm
Session 2 Sat, Feb.6,2010	Warm-Ups 8:00 am Start 9:00 am
Session 3 Sat..Feb.6,2010	Warm-Ups 2:00 pm Start 3 pm
Session 4 Sun, Feb.7,2010	Warm-ups 8:00 am Start 9:00 am

## MEET INFORMATION & RULES

- 1 **Entries** must be submitted as a Hytek Entry File and must be received by midnight **MON. Jan.25, 2010** **Please submit all entries to the Swim Canada Meet Entries and Results website.** **Meet management is not obligated to refund entry fees after the entry deadline date.**
- 2 **PLEASE ENSURE THAT ELECTRONIC ENTRIES ARE CORRECT BEFORE SUBMITTING THE FILE. ANY ERRORS CONTAINED IN ELECTRONIC FILES ARE THE RESPONSIBILTY OF THE SUBMITTING TEAM. ERRORS WILL BE CORRECTED WHEN POSSIBLE, AT THE DISCRETION OF THE MEET MANAGER AND MEET REFEREE.**

- 1 Deck Entries will be allowed at the discretion of the Meet Manager and Meet Referee and only if the swimmer is already entered in the meet if space permits. An entry fee of \$15.00 per individual entry will apply – payable prior to the swim.
- 2 **AWARDS** – Ribbons 1<sup>st</sup> to 8<sup>th</sup> in all age groups. High point medals will be awarded for the top 3 point earners in each age group and gender.
- 3 **SEEDING** – Events will be swum according to age group and sex except for when noted as mixed. Events may be combined at the discretion of the Meet Manager and Meet Referee.
- 4 Swimmers will be separated into age group and sex for the purpose of awarding ribbons.
- 5 **PRE-REQUISITE times for all swimmers 14 and under is the ability to race a 200 IM faster than 7:00 and a 200 Free faster than 6:00**
- 6 The assistance of officials from across the region will be most welcome. Please let the Meet Manager know if you can help.

## **SESSION 1**

**FRIDAY, Feb 5, 2010 WARM-UPS 5 PM START 6 PM**

<b>Event #</b>	<b>Event</b>
1	<b>Open Mixed 200 IM</b>
2	<b>Open Mixed 50 Back</b>
3	<b>Open Mixed 100 Breast</b>
4	<b>Open Mixed 400 Free</b>

## **SESSION 2**

**SATURDAY, Feb. 6, 2010 WARM-UP 8 AM START 9 AM**

<b>Event#</b>	<b>Event</b>
5	<b>Open Mixed 400 IM</b>
6	<b>Open Mixed 50 Free</b>
7	<b>Open Mixed 100Fly</b>
8	<b>Open Mixed 200 Back</b>
9	<b>Open Mixed 100 IM</b>
11	<b>Girls 200 Free Relay 12 &amp; under</b>
12	<b>Boys 200 Free Relay 12 &amp; under</b>
13	<b>Girls 200 Free Relay 13-14</b>
14	<b>Boys 200 Free Relay 13-14</b>
15	<b>Girls 200 Free Relay 15 &amp; over</b>
16	<b>Boys 200 Free Relay 15 &amp; over</b>

## **SESSION 3**

**SATURDAY, Feb 6, 2010 WARM-UP 2 PM START 3 PM**

<b>Event#</b>	<b>Event</b>
17	Open Mixed 200 Breast
18	Open Mixed 50 Fly
19	Open Mixed 200 Free
21	Girls 200 Medley Relay 12 & under
22	Boys 200 Medley Relay 12 & under
23	Girls 200 Medley Relay 13-14
24	Boys 200 Medley Relay 13-14
25	Girls 200 Medley Relay 15 & over
26	Boys 200 Medley Relay 15 & over

**SESSION 4**

**SUNDAY, Feb 7, 2010 WARM-UP 8 am START 9 am**

<b>Event#</b>	<b>Event</b>
27	Open Mixed 200 Fly
28	Open Mixed 100 Free
29	Open Mixed 100 Back
30	Open Mixed 800 Free

**MEET MANAGER: Jewell Sutherland-Beaudry**  
**Jisbeaudry@shaw.ca**

**MEET REFEREE-JIM BROW**

**MEET CONTACT; Dawnn Taylor [dalaw@shaw.ca](mailto:dalaw@shaw.ca) 877-820-4308 days**  
**807-274-7811 evenings**